



Aging Unbound:

IN RECOGNITION OF OLDER AMERICANS MONTH

OLDER
AMERICANS
MONTH



AGING UNBOUND: MAY 2023

Older adults play vital role in our communities, as family members, friends, mentors, volunteers, civic leaders, members of the workforce and more. Join us this year as we focus on the positive aspects of growing older, why everyone has a role to play in combating ageism – and how we all benefit when older adults remain engaged, independent, and included in their communities.

Join us for:

- Frontal Temporal Dementia (FTD) Information
- PowerBraining
- Covid Vaccination/Boosters On-Site
- Door Prizes
- Therapeutic Art
- Community Resources
- Dementia Simulations

DATE: **May 31, 2023**
TIME: **10AM-2PM**

LOCATION:

Abiding Presence Lutheran Church
6304 Lee Chapel Road
Burke, VA 22015



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